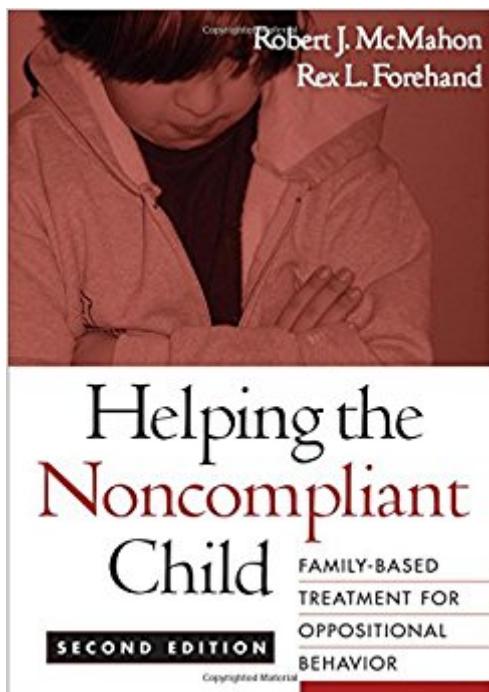


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# Helping The Noncompliant Child, Second Edition: Family-Based Treatment For Oppositional Behavior



## **Synopsis**

This popular treatment manual presents an empirically validated program for teaching parents to manage noncompliance in 3- to 8-year-olds. Practitioners are provided with step-by-step guidelines for child and family assessment, detailed descriptions of parent training procedures, effective adjunctive treatment strategies, and complete protocols for conducting and evaluating the program. Nationally recognized as a best practice for treating conduct problems, the program is supported by a substantial body of treatment research.

## **Book Information**

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## **Customer Reviews**

"This exceptional second edition by two of the leading experts in the field provides both clinicians and researchers with a rich array of information. Like its predecessor, this book is solidly grounded in the scientific research on childhood oppositional behavior and parent/family training approaches. Practitioners will find a wealth of detailed advice on how to work with parents on improving relations with their children while reducing family conflict. Clinical scientists will likewise appreciate the vast amount of research summarized on the nature of defiant and aggressive behavior, the role of parent-child interactions and family context in its generation and maintenance, and the efficacy of parent training in behavior management skills for its reduction if not elimination. Anyone interested in empirically based parent training for the management of difficult children will find this book 'must' reading for staying abreast of the state of the art."--Russell A. Barkley, PhD, College of Health Professions, Medical University of South Carolina"This classic text is a definite 'must have' for

practitioners and researchers working with children with conduct problems and their families. The extensively revised and updated new edition attests to the ongoing development of this truly evidence-based parenting intervention. The authors blend scientific and theoretical justification with detailed descriptions of the program, including attention to process issues. I thoroughly recommend this excellent book."--Matthew R. Sanders, PhD, Director, Parenting and Family Support Centre, The University of Queensland, Australia"This compelling second edition exemplifies how developmental and outcome data can and should be used to inform the continuous refinement of a powerful intervention. A pleasure to read, the volume is grounded in 20 years of meticulous research. The rationale for each clinical technique is detailed, precise steps are outlined for implementation, and useful case examples are provided. Each page provides further evidence that these authors know what they are doing and can serve as most effective guides for novice practitioners, students, and researchers. One of the best books on family interventions that I have read."--John B. Reid, PhD, Oregon Social Learning Center"This impressive work is a highlight of the rich, two-decade collaboration between McMahon and Forehand. Their program is one of our field's most venerable parent training interventions, with roots in the remarkable insights of Constance Hanf. This fine book makes the program accessible to clinicians and is also valuable as a reference for researchers. Clinicians will appreciate the clear language and step-by-step guidance through program procedures, as well as the parent handouts and other supporting materials. Researchers will appreciate the summary and update of relevant empirical work, including thoughtful self-critique and directions for the future. The book is an important accomplishment for these two highly regarded investigators and an essential addition to any library of evidence-based treatments."--John R. Weisz, PhD, Department of Psychology, University of California, Los Angeles"This is an excellent book, clear, concise and extraordinarily detailed. It is meant to be a training text carefully outlining a training program, a valuable asset to any graduate level course in child behavior management. Any clinician seeking increased familiarity with behavioral interventions or with a specific interest in working with children would benefit significantly from reading this book. It is exemplary in its provision of sample material including assessment, education and outcome. The authors' goals have, indeed, been very well met....This book reflects true value." (Child & Family Behavior Therapy 2005-08-05)"The manual includes strategies for a range of ages and is excellent for anyone in the field who is having difficulty helping parents set rules that are followed." (Youth Today 2005-08-05)

Robert J. McMahon, PhD, is Professor of Psychology at the University of Washington in Seattle. He is also a member of the Conduct Problems Prevention Research Group and Principal Investigator at

the Seattle site of the Fast Track Project, an NIMH-funded multisite, longitudinal investigation of the prevention of early-starting conduct problems in high-risk children. Dr. McMahon has coedited a number of books and serves on the editorial boards of several journals. Rex L. Forehand, PhD, is Professor of Psychology at the University of Vermont and Regents Professor Emeritus at the University of Georgia. He is also Principal Investigator of a CDC-funded parenting project. Dr. Forehand's publications include two coauthored parenting guides. He is a member of 10 editorial boards.

Recommended to me by my child's therapist, very helpful. Refer to it frequently, has answered a lot of questions. A little scary at first because it's geared towards professionals but I am finding it helpful.

great resource

This book has a lot of good information but not a very practical way to explain how to use it.

Amazing book!!!

NO PROBLEMS!!!

This book has empirically supported strategies, is easy to use, and comes complete with parent training plan and data sheets for homework. I think it is most useful for younger kids (less than 10 years of age or so).

I read the part that was available on the "look inside" pages. Included were references to The Incredible Years Training Program and the use of time-outs. Some children will NOT sit in time out. Did you see the tv show "The Nanny" in which the nanny and both parents placed the same child in time out over 200 times for one infraction and it did not one bit of good? They all three said "you will sit in time out," but he won in the end. This book may be useful for some children, but it is clearly not for all ODD children. Over time a child's compliance and cooperation may improve somewhat but sometimes roots of bad behavior remain and are subject to sprouting at any time. I took a 4 1/2 year old child into my home. He had been subjected to drama, to say the least, his unmarried mother has Defiance Disorder herself as well as several other mental health issues. She did not show the child

proper affection or attention. He was neglected and abused. He was severely sleep deprived. He had 5 or 6 tantrums per day, each lasting an hour or more, every day of the week. He would not go into time out and was not influenced by rewards or taking away toys. Things have improved but he still has problems. Getting him to sleep more was a big help. "Parent" training for me was not helpful.

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